



TED O'CONNELL, MD

CONTACT

📍 Kaiser Permanente
975 Sereno Drive
Vallejo, CA 94589

[in Ted O'Connell, MD](#)

www.tedxoconnell.com

PROFESSIONAL PROFILE

Ted O'Connell, MD, FAAFP, is Chief of the Department of Family and Community Medicine at Kaiser Permanente Vallejo, Founding Director of the Kaiser Permanente Napa-Solano Family Medicine Residency Program, and an Associate Clinical Professor in the Department of Family and Community Medicine at the UC San Francisco School of Medicine. Dr. O'Connell is committed to recruiting and retaining the best physicians in the country while pursuing diversity, inclusion, and high-quality patient care.

Published Author, Researcher, and Public Speaker

Dr. O'Connell has authored over 20 medical textbooks, edited 10 additional textbooks, and has written over 900 textbook chapters as well as articles in peer-reviewed medical journals. Dr. O'Connell is Editor-in-Chief of Elsevier's Clinical Key Med Ed, a global medical education platform. Dr. O'Connell is also the award-winning host of several medical podcasts.

Medical Education Innovator and Leader

An innovator in the medical education space, Dr. O'Connell co-founded MedPrepToGo, providing free, high-quality medical education content; InsideTheBoards, focused on online and audio medical education resources; and Ars Longa Media, a media company dedicated to the intersection of science and the humanities.

Medical Board Expert

Desiring to contribute to the quality of healthcare in California, Dr. O'Connell has also served as a medical expert and consultant for the Medical Board of California for over 15 years and has extensive experience in peer review, medical-legal review, and quality improvement.

Education and Training

Dr. O'Connell received his undergraduate degree with honors in Psychology and Premedical Studies from the University of Notre Dame. He received his medical degree from the David Geffen School of Medicine at UCLA and completed his residency and chief residency at UCLA-Santa Monica Medical Center. Dr. O'Connell has completed the Emerging Leaders Program through The Permanente Medical Group, the Leading Innovations in Health Care and Education program through the Harvard-Macy Foundation, the Disruptive Strategy program at Harvard Business School, and the Design Thinking course through the Darden School of Business at the University of Virginia. Dr. O'Connell is a former member of the Board of Directors of the Southern California Permanente Medical Group.

Awards and Honors

Dr. O'Connell has been the recipient of the President's Volunteer Service Award from AmeriCorps and the Points of Light Foundation; the Cecil Cutting Award for Innovation and Leadership from The Permanente Medical Group, Physician of the Year from the Nap-Solano County Medical Society, and Physician Exceptional Contribution Award from the Southern California Permanente Medical Group.

LEADERSHIP and EXPERTISE in MEDICAL EDUCATION

Leadership Accomplishments

- Chief of the Department of Family and Community Medicine at Kaiser Permanente Vallejo
- Founding Residency Director at Kaiser Permanente Napa-Solano
- Chair of Kaiser Permanente Regional Family Medicine Program Directors' Committee
- Founding Community Medicine Fellowship Director at Kaiser Permanente Napa-Solano
- Co-Founder of Kaiser Permanente Napa-Solano Public Health Research Internship Program
- Elected Member of the Board of Directors of Southern California Permanente Medical Group (SCPMG)
- Director of Medical Education at Kaiser Permanente Woodland Hills
- Founding Community Medicine Fellowship Director at Southern California Permanente

Expertise in Graduate Medical Education (GME)

- Founder of TPMG's first [Family Medicine residency program](#) at Napa-Solano
- Support for development of TPMG's three other Family Medicine residency programs
- Founder of [TPMG's community medicine fellowship program](#) (now at 7 sites)
- Active member of the Institutional Graduate Medical Education Committee, including co-chairing several sub-committees
- Mentor to new residency program directors within TPMG
- Over 30 national and international conference presentations on medical education topics
- Over 40 presentations at state, regional, and local conferences on medical education topics
- Co-leader of a national initiative through the [Alliance of Independent Academic Medical Centers](#) to create a street medicine program to care for the unhoused while involving medical students and residents
- Successful residency director with the SCPMG for 7 years
- Founder of [SCPMG's community medicine fellowship program](#) (now at 5 sites)
- Deep knowledge of ACGME residency accreditation, leading initial and re-accreditation cycles in the ACGME's most prescriptive specialty
- Almost two decades of continuous ACGME accreditation, with commendation for high standards of compliance

Vast Experience in Undergraduate Medical Education (UME)

- Two decades of clinical professorships at medical schools including UC San Francisco, UCLA, UC Davis, and Drexel University
- 20+ years precepting medical students in the clinic, hospital, and in outpatient procedures
- Consultant to the Bernard J. Tyson Kaiser Permanente School of Medicine regarding USMLE preparation approach and resources
- Experience on multiple medical school admissions committees
- Creator of third-year clerkships and multiple tracks for fourth-year sub-intern rotations at Kaiser Permanente Vallejo
- Author or co-author of [20 medical textbooks](#) for students and residents, including best-selling textbooks for clinical medicine and USMLE preparation for all three licensing steps

- Editor-In-Chief of Elsevier's [Clinical Key Student](#) global medical education platform
- Faculty leader for [Elsevier's Global Challenge](#); co-developed a series of clinical escape rooms based on simulated patient scenarios
- Invited lecturer at medical schools and nationally on medical education topics
- Author of a [blog](#) to support students in the residency application process

Adept with Technology and Social Media

- Creator of an award-winning [podcast](#) to educate the public about the COVID pandemic
- Founder of [MedPrepToGo](#) to provide students free, high-quality USMLE preparation materials online and in audio format
- Developer of multiple podcasts to provide free, high-quality medical education to students
- Host and guest on over 100 [podcast episodes](#) on medical education
- Director of the development of engaging [social media](#) strategy for KP Napa-Solano GME
- Recipient of first-place award in a national residency Instagram contest

Commitment to Diversity and Inclusion

- Co-Chair of the Diversity and Social Justice Committee and Kaiser Permanente Vallejo
- Co-leader of a national Justice, Equity, Diversity, and Inclusion initiative through the [Alliance of Independent Academic Medical Centers](#) to create a playbook for residency programs and academic departments
- Facilitator of Kaiser Permanente Napa-Solano's Residency Diversity Council
- Creator of a strategy to increase the successful recruitment of residents from diverse backgrounds
- Driver of increased diversity recruitment in our [residents](#) and faculty, including one class that is entirely physicians of color
- Influenced the creation of a faculty development series on diversity, equity, inclusion, and anti-racism
- Supporter of the creation of Kaiser Permanente Napa-Solano's residency [implicit bias and anti-racism curriculum](#)
- Certificate in UC San Francisco's Diversity, Equity, and Inclusion Training Series
- Proponent of novel pipeline programs for students underrepresented in medicine (URM), including the [Medical Scholars Program](#)
- Led and implemented Kaiser Permanente Napa-Solano residency training on gender identify and appropriate use of pronouns

Experience with Continuing Medical Education (CME)

- Co-leader of the development and accreditation of a women's health education series at Kaiser Permanente Napa-Solano
- Co-developer and content delivery for an annual faculty development CME program for Kaiser Permanente Napa-Solano
- Lecture presenter at multiple CME conferences at Kaiser Permanente and through external organizations

CURRICULUM VITAE

PROFESSIONAL EMPLOYMENT

Chief, Department of Family and Community Medicine March 2021 - Present
Kaiser Permanente | Vallejo, CA

- Establish a new medical center department to meet unique operational, educational, and training needs
- Oversee departmental budget, staffing, patient access, and quality measures
- Manage all clinical operations and performance evaluations of a 30-physician department
- Ensure that all healthcare regulations and safety standards are met
- Lead departmental quality improvement initiatives

Founding Residency Program Director December 2012-Present
Kaiser Permanente | Vallejo, CA

- Establish the first new residency program at Kaiser Permanente Northern California in over 30 years
- Maintain compliance with ACGME accreditation requirements
- Recruit and train faculty, staff, residents, and fellows
- Oversee all aspects of resident and medical student supervision and training
- Actively participate as a member of the hospital's Medical Executive Committee and JCAHO accreditation visits
- Serve as a member of Program Evaluation Committee and Clinical Competency Committee

Founding Community Medicine Fellowship Director July 2015-June 2016
Kaiser Permanente | Vallejo, CA

- Establish the first community medicine fellowship program at Kaiser Permanente Northern California
- Create structure of the fellowship program and secured funding
- Establish key relationships with community organizations
- Recruit the first fellow and transitioned leadership of the program to her upon graduation

Elected Member of the Board of Directors January 2012 – December 2012
Southern California Permanente Medical Group | Pasadena, CA

- Provide oversight and direction for the 7000+ physician organization
- Co-Chair the Board of Directors Finance Committee
- Lead performance evaluation for Executive Medical Director and Chair of the Board

Director of Medical Education November 2005 - December 2012
Kaiser Permanente | Woodland Hills, CA

- Provide oversight for the development, direction, and coordination of all graduate and undergraduate

medical education activities at the medical center

- Ensure continuing accreditation of all medical education activities
- Chair the Graduate Medical Education Committee
- Serve on the Institutional Graduate Medical Education Committee

Residency Program Director

November 2005 - December 2012

Kaiser Permanente | Woodland Hills, CA

- Maintain compliance with ACGME accreditation requirements
- Oversee all aspects of resident supervision and medical training
- Launch a community medicine fellowship program

Attending Physician

August 2001 - December 2012

Kaiser Permanente | Woodland Hills, CA

- Provide high-quality full-spectrum outpatient primary care to a panel of patients
- Work regularly on the inpatient service, adult urgent care, pediatric urgent care, and overnight call

EDUCATION

UCLA School of Medicine | Doctor of Medicine (M.D.) 1998

University of Notre Dame | Bachelor of Arts in Psychology with Premedical Concentration, with honors 1994

TRAINING

UCLA Santa Monica Medical Center | Internship, Residency, and Chief Residency 1998-2001

COURSES

University of Virginia Darden School of Business Online | Design Thinking 2021

Harvard Business School Online | Certificate in Disruptive Strategy with Clayton Christensen 2019

Harvard Macy Institute | Leading Innovations in Health Care and Education 2018

The Permanente Medical Group | Emerging Leaders Program 2015

AWARDS AND HONORS

The President's Volunteer Service Award | AmeriCorps and Points of Light Foundation 2021

Cecil Cutting Award for Innovation and Leadership | The Permanente Medical Group 2021

Residency Directors and Faculty Scholarship | American College of Lifestyle Medicine 2021

Ethel Weinberg Award | Alliance of Independent Academic Medical Centers 2020

Physician of the Year | Napa and Solano County Medical Society 2017

Physician Administrative Recognition Award | Southern California Permanente Medical Group 2011

Physician Exceptional Contribution Award | Southern California Permanente Medical Group 2008

Family Medicine Physician of the Year | Southern California Permanente Medical Group 2004

MEDICAL SCHOOL APPOINTMENTS

Associate Clinical Professor | UC San Francisco School of Medicine June 2018-Present

Assistant Clinical Professor | UC San Francisco School of Medicine August 2013-June 2018

Admissions Committee Member | UC Davis ACE-PC Program February 2016-Present

Assistant Clinical Professor | UC Davis School of Medicine July 2015-Present

Clinical Instructor | Drexel University School of Medicine July 2013-June 2016

Assistant Clinical Professor | David Geffen School of Medicine at UCLA January 2008-June 2016

Clinical Instructor | David Geffen School of Medicine at UCLA September 2002-January 2008

COMMITTEES

Member, Medical Executive Committee Kaiser Permanente Vallejo	July 2013-Present
Member Graduate Medical Education Committee Kaiser Permanente Napa-Solano	January 2013-Present
Co-Chair, Diversity and Social Justice Committee Kaiser Permanente Napa-Solano	July 2015-Present
Chair, Family Medicine Program Director's Committee The Permanente Medical Group	January 2017-June 2022
Member, IGMEC Spring Offise Planning Committee Kaiser Permanente	October 2015-April 2016
Member, Regional Family Medicine Privileging Scope Committee Kaiser Permanente	August 2014-November 2014
Co-Chair, IGMEC Program Development Sub-Committee Kaiser Permanente	January 2014-December 2016
Co-Chair SCPMG Board of Directors Finance Committee	January 2012-December 2012
Regional Graduate Medical Education Diversity, Equity, Inclusion, Anti-racism and Anti-Oppression Advisory Committee Kaiser Permanente Graduate Medical Education	July 2021-Present
Chair, Medical Student Scholarship Committee Napa-Solano Medical Society	January 2021-Present
Member, Community Benefits Committee Kaiser Permanente Napa-Solano	October 2015-June 2018
Physician Performance Evaluation Committee SCPMG Board of Directors	January 2012-December 2012
Investment Evaluation Committee SCPMG Board of Directors	January 2012-December 2012

PROFESSIONAL ASSOCIATIONS

Member, Treasurer Napa and Solano County Medical Society	January 2013-Present
Expert Reviewer Program Medical Board of California	March 2006-Present
Diplomat American Board of Family Physicians	1995-Present
Member California Academy of Family Physicians	1995-Present

PUBLICATIONS

Books

- 1) O'Connell TX, Pedigo R. *USMLE Step 1 Secrets, Fifth Edition*. Philadelphia, June 2022, Elsevier.
- 2) O'Connell TX, Pedigo R, Blair T. *USMLE Step 3 Secrets, Second Edition*. Philadelphia, May 2022, Elsevier.
- 3) O'Connell TX. *USMLE Step 2 Secrets, Sixth Edition*. Philadelphia, November 2021, Elsevier.
- 4) DiMarco C, Rodden G, O'Connell TX. *Read This Before Medical School: How to Study Smarter and Live Better While Excelling in Class and on your USMLE or COMLEX Board Exams*. Illinois, October 2019, Indies United.
- 5) O'Connell TX. Section Editor. Fowler GC. *Pfenninger & Fowler's Procedures for Primary Care, Fourth Edition*. Philadelphia, April 2019, Mosby.
- 6) O'Connell TX, Pedigo R, Blair T. *Crush USMLE Step 1, Second Edition*. Philadelphia, 2017, Elsevier.
- 7) O'Connell TX. *USMLE Step 2 Secrets, Fifth Edition*. Philadelphia, 2017, Elsevier.
- 8) O'Connell TX. *Instant Workups: A Clinical Guide to Medicine, Second Edition*. Philadelphia, 2016, Saunders.
- 9) O'Connell TX, Pedigo R, Blair T. *USMLE Step 3 Secrets*. Philadelphia, December 2014, Mosby.
- 10) O'Connell TX. *USMLE Step 2 Secrets, Fourth Edition*. Philadelphia, December 2013, Mosby.
- 11) O'Connell TX, Pedigo R, Blair T. *Crush USMLE Step 1*. Philadelphia, December 2013, Saunders.
- 12) Movalia M, O'Connell TX. *Crush USMLE Step 3, Third Edition*, Philadelphia, December 2012, Saunders.
- 13) O'Connell TX, Movalia M. *Crush USMLE Step 2, Fourth Edition*. Philadelphia, 2012, Saunders.
- 14) Section editor. Pfenninger JL and Fowler GC. *Pfenninger & Fowler's Procedures for Primary Care, Third Edition*. Philadelphia, 2010, Mosby.
- 15) O'Connell TX and Brochert A. *USMLE Step 2 Secrets, Third Edition*. Philadelphia, 2010, Mosby.
- 16) O'Connell TX, Wong JM, Haggerty K, Horita TJ. *Instant Workups: A Clinical Guide to Pediatrics*. Philadelphia, 2009, Saunders.
- 17) Dor K, O'Connell TX. *Instant Workups: A Clinical Guide to Obstetrics and Gynecology*. Philadelphia, 2008, Saunders.
- 18) O'Connell TX. *Instant Workups: A Clinical Guide to Medicine*. Philadelphia, 2008, Saunders.
- 19) O'Connell TX, Horita TJ. *Case-Based Simulation and Review for USMLE Step 2 CS*, Philadelphia, 2005,

Saunders.

- 20) Huerta, S. and O'Connell, T. *The Pocket Handbook of Surgery*. J&S Publishing Company, Inc., 2000.
- 21) O'Connell, TX, Taylor, SL, Huerta, S, and Jamali, AH. *Classic Presentations and Rapid Review for the USMLE Step 2*. J&S Publishing Company, Inc., 1999.

Textbook Chapters

- 1) Pau CY, O'Connell TX. Nonalcoholic Steatohepatitis in Domino FJ ed: *The 5-Minute Clinical Consult 2017*. Philadelphia, 2016, Wolters Kluwer.
- 2) Pau CY, O'Connell TX. Nonalcoholic Steatohepatitis in Domino FJ ed: *The 5-Minute Clinical Consult 2016*. Philadelphia, 2015, Wolters Kluwer.
- 3) O'Connell TX. "Drawing Blood Cultures" in *Pfenninger and Fowler's Procedures for Primary Care*, Third Edition. Philadelphia 2010, Mosby.
- 4) O'Connell, TX. "Manual Dermabrasion" in *Pfenninger and Fowler's Procedures for Primary Care*, Second Edition, St. Louis, 2003, Mosby.
- 5) O'Connell, TX. "Drawing Blood Cultures" in *Pfenninger and Fowler's Procedures for Primary Care*, Second Edition, St. Louis, 2003, Mosby.
- 6) O'Connell, TX. "Interpreting tests from joint aspirates." *The Clinics Atlas of Office Procedures* 2002; 5:4, 423-431.

Journals

- 1) O'Connell TX, Nathan LS, Satmary WA, Goldstein AT. Non-neoplastic epithelial disorders of the vulva. *American Family Physician* 2008;77(3):321-6.
- 2) O'Connell TX, Horita TJ, Kasravi B. "Understanding and Interpreting Serum Protein Electrophoresis." *American Family Physician* 2005:105-12.
- 3) Sur, DK, Wallis, DH, and O'Connell, TX. "Vaccinations in pregnancy." *American Family Physician* 2003: 68; 299-309.
- 4) O'Connell, TX. "Gamma-Hydroxybutyrate: An Underrecognized Public Health Risk." *The American Journal of Medicine and Sports* 2003; 5: 165.
- 5) Plosay, JJ, and O'Connell, TX. "Acute Coronary Vasospasm Resulting from Sumatriptan Administration in a Patient with Raynaud's Disease." *Hospital Physician* 2002; 10:51-54.
- 6) O'Connell, T. "Picture This—Digital Derm Records." *Consultant* 2001; 10:1468.
- 7) O'Connell, T, Kaye, L, and Plosay, J. "GHB: A Newer Drug of Abuse." *American Family Physician* 2000; 11:2478-2483.

Online

- 1) O'Connell TX. "How to Ask For a Great Letter of Recommendation for Residency." <https://www.kevinmd.com/blog/2018/05/how-to-ask-for-a-great-letter-of-recommendation-for-residency.html>. Accessed 28 May 2018.
- 2) O'Connell, T. "Retin-A." Clinical manuscript for patient use, *DrugDigest.com*.

Editorial Review Boards

- 1) Editorial Review Board, Clinical Medicine. Adkison L, Brown MD. *Elsevier's Integrated Genetics*, Philadelphia, 2007, Mosby.
- 2) Editorial Review Board, Clinical Medicine. Telser AG, Young JK, Baldwin KM. *Elsevier's Integrated Histology*, Philadelphia, 2007, Mosby.
- 3) Editorial Review Board, Clinical Medicine. Bogart BI, Ort V. *Elsevier's Integrated Anatomy and Embrology*, Philadelphia, 2007, Mosby.
- 4) Editorial Review Board, Clinical Medicine. Nolte J. *Elsevier's Integrated Neuroscience*, Philadelphia, 2007,

Mosby.

- 5) Editorial Review Board, Clinical Medicine. Kester M, Karpa KD, Quraishi S, Vrana KE. *Elsevier's Integrated Pharmacology*, Philadelphia, 2007, Mosby.
- 6) Editorial Review Board, Clinical Medicine. Pelley JW. *Elsevier's Integrated Biochemistry*, Philadelphia, 2007, Mosby.
- 7) Editorial Review Board, Clinical Medicine. King TC. *Elsevier's Integrated Pathology*, Philadelphia, 2007, Mosby.
- 8) Editorial Review Board, Clinical Medicine. Actor JK. *Elsevier's Integrated Immunology and Microbiology*, Philadelphia, 2007, Mosby.
- 10) Editorial Review Board, Clinical Medicine. Carroll RG. *Elsevier's Integrated Physiology*, Philadelphia, 2007, Mosby.

INTERNATIONAL, NATIONAL, REGIONAL, and LOCAL PRESENTATIONS

International Presentations

- 1) O'Connell T, Wu H, Pedigo R. "Personality Types and Their Influence in the Medical Environment" Elsevier Global Challenge 2021. 2022 April 30: London, England.
- 2) O'Connell T, Wu H, Pedigo R. "Conflict Resolution and Negotiating Skills." Elsevier Global Challenge 2021. 2022 April 30: London, England.
- 3) O'Connell T, Dasgupta R, Game D, Braun M. "COVID and the Future of Medical Education." Elsevier Global Webinar. 2021 November 30. Delivered virtually.
- 4) O'Connell T, Wu H, Pedigo R. "Avoiding Burnout and Strategies for Resiliency." Elsevier's Clinical Key Global Challenge 2021. 2021 November 13. Delivered virtually.
- 5) O'Connell T, Wu H, Pedigo R. "Emotional Intelligence and the Art of Succeeding in Medical School." Elsevier Clinical Key Global Seminar. 2021 October 2. Delivered virtually.
- 6) O'Connell T. "Principled Negotiation: Key Principles to Influence Decisions While Strengthening Relationships." Presentation at Elsevier's Global Challenge 2019, London, England.

National Presentations

- 1) Stecker T, O'Connell T, Symkowick M. "Creating an Equitable Learning Environment: Tools and Strategies for Inclusive Spaces." Alliance of Independent Academic Medical Centers National Initiative VIII. 2022 March 26: New Orleans, Louisiana.
- 2) Frisch K, Monks S, O'Connell T. "2021 in Review: Lessons Learned from the Disruptions of COVID-19, Hurricane Ida, Wildfires, and Social Injustice." Alliance of Independent Academic Medical Centers. Lessons Learned from Unexpected Disruptions Series Webinar. 2022 February 3. Delivered virtually.
- 3) O'Connell T. "Effectively Engaging Stakeholders: Sharing the Story of Vallejo Mobile Health and Our Involvement with National Initiative VII." AIAMC National Initiative VIII Meeting One. 2021 October 15. Delivered virtually.
- 4) O'Connell T, Dang K. "Integrating Training in Medication-Assisted Treatment of Opioid Use Disorder Into a Family Medicine Residency Program." Society of Teachers of Family Medicine Annual Conference. 2021 May 3. Delivered virtually.
- 5) Fisher E, O'Connell T. "Cohort 3 Summative Presentation on Teaming." The Alliance of Independent Academic Medical Centers National Initiative VIII. 2021 March 27. Delivered virtually.
- 6) Fisher E, O'Connell T, Dang K, et al. "Vallejo Mobile Health: Lessons Learned on Teaming to End Homelessness." Plenary Summative Presentation at The Alliance of Independent Academic Medical Centers National Initiative VII. 2021 March 26. Delivered virtually.
- 7) Fisher E, O'Connell T, Dang K, et al. "Vallejo Mobile Health: Teaming for an End to Homelessness." Alliance of Independent Academic Medical Centers (AIAMC) National Initiative VII National Conference. 2020 October 8.

- 8) O'Connell T, Symkowick M. "Virtual Medicine: Putting Skills into Practice." Workshop for medical students participating in the Community Medicine for a Changing World virtual sub-internship. 2020 September 11. Vallejo, CA.
- 9) Symkowick M, O'Connell T. "What Would My Letter of Recommendation (LOR) Look Like? Using the LOR to Teach the Importance of the 'Other' Competencies." Presentation accepted for the Society of Teachers of Family Medicine Annual Spring Conference 2020, Salt Lake City, UT.
- 10) Nguyen BM, Corbett J, O'Connell T, Gallardo S. "Using Instagram to Engage and Recruit the Next Generation of Family Physicians." Presentation accepted for the Society of Teachers of Family Medicine Annual Spring Conference 2020, Salt Lake City, UT.
- 11) Rabbani J, Gonzalez R, O'Connell T, Shaver J, Symkowick M. "Utilizing Spatial Epidemiology for Quality Improvement Projects in Applied Health Care Settings." Abstract submitted to American Public Health Association National Conference, San Diego, California.
- 12) Fung-Sakita S, Rabbani J, Stecker T, O'Connell T. Equitable Clinical Decision Making: Creating a Needs Assessment to Design an Implicit Bias Curriculum. Presentation at the Society of Teachers of Family Medicine Annual Spring Conference. Washington, D.C.
- 13) Mrgudich A, Stecker T, Iten E, O'Connell T. Development and Implementation of a Family Medicine Resident Community Health Resource Curriculum. Society of Teachers of Family Medicine Annual Spring Conference, San Diego, California.
- 14) O'Connell TX. "Screening Tests in the Adult Patient: Current Recommendations. Lecture at the 2016 Kauai Primary Care Conference Caring for the Active and Athletic Patient. Kauai, Hawaii.
- 15) O'Connell TX. "Androgen Supplementation in the Aging Male: Risks vs. Benefits. Lecture at the 2016 Kauai Primary Care Conference Caring for the Active and Athletic Patient. Kauai, Hawaii.
- 16) O'Connell TX. "All Things Thyroid: What You Need to Know. Lecture at the 2016 Kauai Primary Care Conference Caring for the Active and Athletic Patient. Kauai, Hawaii.
- 17) O'Connell TX. "COPD: How to Diagnose and Manage." Lecture at the 2016 Kauai Primary Care Conference Caring for the Active and Athletic Patient. Kauai, Hawaii.
- 18) O'Connell TX. "All Things Thyroid: What You Need to Know." Lecture at the 2015 Napa Primary Care Conference Caring for the Active and Athletic Patient. Napa, California.
- 19) O'Connell TX. "COPD: How to Diagnose and Manage." Lecture at the 2015 Napa Primary Care Conference Caring for the Active and Athletic Patient. Napa, California.
- 20) O'Connell TX. "Androgen Supplementation in the Aging Male: Risks vs Benefits." Lecture at the 2015 Napa Primary Care Conference Caring for the Active and Athletic Patient. Napa, California.
- 21) Tantraphol MS, O'Connell TX, Haggerty K. "Serving the underserved through a community-based curriculum." Poster presentation at the ACGME National Meeting, Grapevine, Texas.
- 22) O'Connell T, and Hu K. "Acute Coronary Vasospasm Resulting from Sumatriptan Injection in a Patient with Raynaud's Disease." Resident Scientific Exhibit. American Academy of Family Physicians 2001 Annual Scientific Assembly, Atlanta, Georgia.
- 23) Wallis D., Sur D., and O'Connell T. "Immunizations Safe in Pregnancy." Resident Scientific Exhibit. American Academy of Family Physicians 2001 Annual Scientific Assembly, Atlanta, Georgia.
- 24) O'Connell T., Kaye L., and Plosay J. "GHB: A Newer Drug of Abuse." Resident Scientific Exhibit. American Academy of Family Physicians 2000 Annual Scientific Assembly, Dallas, Texas.
- 25) O'Connell T., Cheng L., Kaye L., Sur D. "Good Doc: Patient vs. Physician Perceptions." Resident Scientific Exhibit. American Academy of Family Physicians 1999 Annual Scientific Assembly, Orlando, Florida.
- 26) Cheng L., O'Connell T., Kaye L., Sur D., Speer S. "Daily Prevention for Women--The Push for Folate and Calcium." Resident Scientific Exhibit. American Academy of Family Physicians 1999 Annual Scientific Assembly, Orlando, Florida.

Regional Presentations

- 1) O'Connell T. "Principled Negotiation in Career Planning." Workshop for the Kaiser Permanente Northern California Community Medicine Fellowship Program. 2022 March 4: Vallejo, California.
- 2) O'Connell T. "Our Experience with Creating a Training Program for Opioid Use Disorder and Medication Assisted Treatment." California Academy of Family Physicians California Residency Program Collaborative Full Grantee Meeting. 2021 September 24. Delivered virtually.
- 3) Stecker T, Symkowick M, O'Connell T. "Diversity, Equity, Inclusion, and Anti-Racism (DEIA)—It's Meant to be Tough Work. Dialogue Around Missteps, Missed Opportunities, and Structural Barriers to Advancing to DEIA." UCSF Rodnick Colloquium small group discussion session. 2021 May 27. Delivered virtually.
- 4) O'Connell T, Fisher E. "Integrating a Homeless Healthcare Program into a Residency Curriculum." Kaiser Permanente Northern California Undergraduate and Graduate Medical Education 2021 Spring Offsite Faculty Development Program. 2021 April 17. Delivered virtually.
- 5) O'Connell T. "Virtual Recruiting and Interviews: A Medical Student Panel." Kaiser Permanente Northern California Undergraduate and Graduate Medical Education 2021 Spring Offsite Faculty Development Program. 2021 April 17. Delivered virtually.
- 6) O'Connell T. "Lessons, Silver Linings, and Stories from the COVID-19 Pandemic." Keynote presentation at the CAFP 2020 Clinical Forum. 2020 November 14. Delivered virtually.
- 7) O'Connell T. "Creating and Implementing a Successful Medication Assisted Treatment (MAT) Program in a Family Medicine Residency Program." California Academy of Family Physicians virtual MAT summit. 2020 August 28.
- 8) O'Connell TX. "Incorporating a Medication Assisted Treatment (MAT) and Suboxone Curriculum into a Family Medicine Residency Program." California Academy of Family Physicians webinar. 2020 March 13.
- 9) Symkowick M, O'Connell T, Mathur M, Li R, Rabbani J, Stecker T, Gonzalez G. "Measuring the Impact of a Diversity and Social Justice Committee on Interviews Offered in a Family Medicine Residency Program." Poster presentation at the UCSF Rodnick Colloquium, San Francisco, CA.
- 10) Rabbani J, Gonzalez R, Stecker T, Symkowick M, O'Connell T, Dorado F, Loaiza M. "The Public Health Research Internship Program: An Innovative Approach to Increasing and Diversifying Scholarly Activity in Graduate Medical Education." Poster presentation at the UCSF Rodnick Colloquium, San Francisco, CA.
- 11) O'Connell TX. "Culture by Design." Presentation at the UC San Francisco Faculty Development Fellowship, Petaluma, California.
- 12) O'Connell TX. "Residency Engagement in the Community." Regional presentation to TPMG leadership, Vacaville, California.
- 13) O'Connell TX. "A Career in Family Medicine." Invited presentation at the 13th Annual UC Davis Pre-Medical and Pre-Health Professions National Conference. Davis, California.
- 14) O'Connell TX. "Family Medicine Workshop." Invited presentation at the 12th Annual UC Davis Pre-Medical and Pre-Health Professions National Conference. Davis, California.
- 15) O'Connell TX. "A Career in Family Medicine." Invited presentation at the 11th National Pre-Med and Pre Health Professions Conference at the UC Davis School of Medicine.
- 16) O'Connell T., Cheng, L., Kaye L., Sur D. "Effective Healthcare: Patient and Physician Perceptions of Necessary Elements in Healthcare Delivery." UCLA Multi-Campus Department of Family Medicine Research Forum. Northridge Medical Center, California.

Local Presentations

- 1) O'Connell T, Hnatko C. "Injection Techniques for Musculoskeletal Conditions." Workshop for the Kaiser Permanente Napa-Solano Family Medicine Residency Program. 2022 July 6: Vallejo, California.
- 2) Holder K, O'Connell T. "Assessing the Learner in Difficulty." 4th Annual Kaiser Permanente Napa-Solano Research Week Faculty Development Program. 2022 May 19: Vallejo, California.
- 3) Stecker T, O'Connell T, Symkowick M. "Building an Anti-Racism Curriculum." Kaiser Permanente Napa

- Solano Interview Season 2021 Zoom series. 2021 November 15. Delivered virtually.
- 4) O'Connell T, Hnatko C. "Injection Techniques for Musculoskeletal Conditions." Workshop for the Kaiser Permanente Napa-Solano Family Medicine Residency Program. 2022 July 6: Vallejo, California.
 - 5) O'Connell T. "Principled Negotiation in Career Planning." Workshop for the Kaiser Permanente Northern California Community Medicine Fellowship Program. 2020 October 23. Delivered virtually.
 - 6) O'Connell T. "How to be a Successful Sub-Intern." Touro University School of Medicine. 2020 August 26. Vallejo, California.
 - 7) O'Connell T. "Negotiation Techniques." Workshop at the Kaiser Permanente Napa-Solano Family Medicine Residency Program. 2020 July 13.
 - 8) O'Connell T, Symkowick M. "Considering One's Letter of Recommendation With An Eye Toward Professional Growth." Workshop at the Kaiser Permanente Napa-Solano Family Medicine Residency Program. 2020 July 13.
 - 9) O'Connell T. "Innovating the Traditional Case Report." Medicine Morning Report. Kaiser Permanente Napa Solano Family Medicine Residency Program. Vallejo, California.
 - 10) O'Connell TX. "COPD Workshop. Recognition, Classification, and Management." Interactive flipped classroom session at the Kaiser Permanente Napa-Solano Family Medicine Residency Program.
 - 11) O'Connell TX. "Preparing for Fourth Year of Medical School: The Transition from Student to Resident." Panel discussion at Touro University School of Medicine, Vallejo, California.
 - 12) O'Connell TX. "What I've Learned About Leadership." Presentation at the Kaiser Permanente Napa-Solano Family Medicine Residency Program.
 - 13) O'Connell TX. "Injection Techniques for Musculoskeletal Conditions." Presentation and workshop for residents at the Kaiser Permanente Napa-Solano Family Medicine Residency Program.
 - 14) O'Connell TX. "COPD Workshop. Recognition, Classification, and Management." Presentation at the Kaiser Permanente Napa-Solano Family Medicine Residency Program.
 - 15) O'Connell TX. "How to Be a Competitive Residency Applicant." Invited lecture at Touro University School of Medicine.
 - 16) O'Connell TX. "Creating a Successful USMLE Step 1 Study Plan." Invited lecture at Touro University School of Medicine.
 - 17) O'Connell TX. "A Case of Wolff-Parkinson-White Syndrome in an Infant." Presentation at Residency Morning Report, Vallejo, California.
 - 18) O'Connell TX. "What I've Learned About Leadership." Presentation at the Kaiser Permanente Napa-Solano Family Medicine Residency Program."
 - 19) O'Connell TX. "Injection Techniques for Musculoskeletal Conditions." Presented to residents at the Kaiser Permanente Napa-Solano Family Medicine Residency Program.
 - 20) O'Connell TX. CME series planner. "Women's Health." A series of six lectures and skills workshops on women's health topics.
 - 21) O'Connell TX. "Joint Injection Techniques." Lecture and skills training session for residents at the Kaiser Permanente Napa-Solano Family Medicine Residency Program.
 - 22) O'Connell TX. "Pediatric Exanthems." Lecture to medical students rotating at the Kaiser Permanente Napa Solano Family Medicine Residency Program.
 - 23) O'Connell TX. "SIDS and ALTE." Lecture to medical students rotating at the Kaiser Permanente Napa Solano Family Medicine Residency Program.
 - 24) O'Connell TX. "Teaching in the One-on-One Setting." CME presentation for the Kaiser Permanente Napa Solano Service Area.
 - 25) O'Connell TX. "The Future of Family Medicine." Invited lecture for the Kaiser Permanente Napa-Solano Service Area.

Podcast and Video Appearances

- 1) O'Connell T. Bay Area Residents React After Approval of 3rd COVID1- Vaccine Dose for Some Patients. NBC News Bay Area, 2021, August 14.
<https://www.nbcbayarea.com/news/coronavirus/bay-area-residents-react-after-approval-of-3rd-covid-19-vaccine-dose-for-some-patients/2631967/>
- 2) O'Connell T. First COVID-19-Related Death in Vaccinated Person Reported in Napa County. NBC News Bay Area, 2021 June 4.
<https://www.nbcbayarea.com/news/local/first-covid-19-related-death-in-vaccinated-person-reported-in-napa-county/2562307/>
- 3) O'Connell T. CDC Investigating Heart Problems in Few Young Vaccine Recipients. NBC News Bay Area, 2021 May 22.
https://www.nbcbayarea.com/news/coronavirus/cdc-investigating-heart-problems-in-few-young-vaccine-recipients/2552219/?_osource=db_npd_nbc_kntv_eml_shr
- 4) O'Connell T. Contra Costa County Schools Hosting COVID-19 Vaccine Clinics. NBC News Bay Area, 2021 May 16.
<https://www.nbcbayarea.com/news/local/race-for-a-vaccine/contra-costa-county-schools-hosting-covid-19-vaccine-clinics/2546564/>
- 5) O'Connell T. SF Moves Into Red Tier as Experts Urge Caution. NBC News Bay Area, 2021 March 6.
<https://www.nbcbayarea.com/news/local/race-for-a-vaccine/contra-costa-county-schools-hosting-covid-19-vaccine-clinics/2546564/>
- 6) O'Connell, TX. Applying to Residency: Fundamentals of Virtual Interviewing. CAFP Foundation YouTube Interview. 2020 August 4. https://www.youtube.com/results?search_query=cafp+o%27connell
- 7) Yu K, Chong A, O'Connell TX et al. CAFP Community Conversation: What's Happening with Testing for COVID-19. 2020 April 19. <https://www.youtube.com/watch?v=g2oLeJCdK60&t=1610s>
- 8) O'Connell TX. Founder and Host. COVID-19: Commonsense Conversations on the Coronavirus Pandemic podcast. <https://covidpodcast.podbean.com/>
- 9) O'Connell, TX. Guest. The Nurse Keith Show podcast. 2020 March 24. <https://nursekeith.com/covid-19-3/>
- 10) O'Connell TX. Guest. Dr. Todd Grande YouTube Channel. 2020 March 21.
<https://www.youtube.com/watch?v=oVN8Zp0bbCs&t=29s>
- 11) O'Connell TX. Founder and developer. Crush Step1 Second Edition podcast.
<https://www.insidetheboards.com/crush-step-1/>
- 12) O'Connell TX. Contributor. "Biostatistics." Crush Step1 Second Edition podcast. 2020 March 2.
<https://open.spotify.com/show/1zRYlByLLzgpXMkeUPQKW1>
- 13) O'Connell TX. Contributor. "The Right Lung with Dr. Ted O'Connell, Author of Crush Step 1: The Ultimate USMLE Step 1 Review." InsideTheBoards Podcast. 2019 July 9.
<https://podcasts.apple.com/us/podcast/right-lung-dr-ted-oconnell-author-crush-step-1-ultimate/id1135300063?i=1000444085896>
- 14) O'Connell TX. Contributor. The Left Lung with Dr. Ted O'Connell, Author of Crush Step 1: The Ultimate USMLE Step 1 Review." InsideTheBoards Study Smarter Series Podcast. 2019 July 9.
<https://podcasts.apple.com/us/podcast/left-lung-dr-ted-oconnell-author-crush-step-1-ultimate/id1357251736?i=1000444085759>
- 15) O'Connell TX. Guest. "The State of Medical Education and Physicians' Relationships to Nurse." The Nurse Keith Show. 2019 June 17. <https://nursekeith.com/episode216/>
- 16) O'Connell TX. Guest. "Residency Interview Tips and Future of Medical Education." Beyond Medicine Podcast. 2019 June 17. <https://beyondmedicinepod.com/podcast/2019/6/15/medsessions-dr-ted-oconnell-residency-interview-tips-and-future-of-medical-education>
- 17) O'Connell TX. Contributor. "News Flash—ITB Goes Viral." InsideTheBoards Study Smarter Series Podcast.

2019 Apr 27. <https://podcasts.apple.com/us/podcast/microbiology-part-4-news-flash-itb-goes-viral-2019/id1357251736?i=1000436674125>

- 19) O'Connell TX. Contributor. "Microbiology Part 3: Two Fun Guys Discussing Fungi, Vaccines, and Other Micro Stuff." InsideTheBoards Study Smarter Series Podcast. 2019 Apr 25.
<https://podcasts.apple.com/us/podcast/microbiology-part-3-two-fun-guys-discussing-fungi-vaccines/id1357251736?i=1000436521638>
- 20) O'Connell TX. Contributor. "Internal Medicine GI Review" InsideTheBoards Study Smarter Series Podcast. 2019 Apr 5. <https://podcasts.apple.com/us/podcast/internal-medicine-gi-review-thanks-to-onlinemeded-study/id1357251736?i=1000434234870>
- 21) O'Connell TX. Contributor. "USMLE Step 2 (and other) Secrets." InsideTheBoards Podcast. 2018 Dec 18.
<https://radiopublic.com/insidetheboards-for-the-usmle-com-WoPV2x/ep/s1!664f6>
- 22) O'Connell TX. Founder, developer, and narrator. USMLE Step 2 Secrets Podcast. 2018 August 28.
<https://podcasts.apple.com/us/podcast/usmle-step-2-secrets-an-insidetheboards-podcast/id1434924694>